

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Mushoni Nyamande

Has successfully participated & completed the

48km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

**TIME** 04:05:57

**PACE** 05:06/km

**OVERALL** 85 of 421

**GENDER** 75 of 366

**40+** 19 of 111

26 October 2019, Sat

Date



BoutTime

Signature